



Keiki Gourmet strictly follows the nutrition standards and meal patterns outlined by the USDA CACFP. <https://www.fns.usda.gov/cacfp/meals-and-snacks>  
Menu items are subject to change. Breakfast & Lunch are served with 1% (Age 2+) or Whole Milk (Age 1). Whole grain-rich items are indicated in RED.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>Breakfast</b> <b>KIX</b> FRESH BANANA Lunch GROUND BEEF CURRY MIX VEGETABLES <b>ENRICHED/BROWN RICE MIX</b> PINEAPPLE CHUNKS Snack VEGETABLE THINS ORANGE JUICE	<b>Breakfast</b> <b>MINI MUFFINS</b> FRESH ORANGES Lunch <b>ROASTED TURKEY AND GRAVY</b> <b>GREEN BEANS</b> <b>HAWAIIAN SWEET BREAD</b> FRESH HONEYDEW Snack <b>HONEY GRAHAM</b> APPLE JUICE	<b>Breakfast</b> HONEY BUNCHES FRESH BANANA Lunch HAM AND CHEESE SANDWICH TOSSED SALAD MANDARIN ORANGES Snack <b>WHEAT THINS</b> CHEESE STICK
<b>Breakfast</b> <b>W.W. PANCAKES</b> FRUIT COCKTAIL Lunch GLAZED HAM PEAS AND CARROTS <b>ENRICHED/BROWN RICE MIX</b> PEACHES Snack GOLDFISH CRACKERS GRAPE JUICE	<b>Breakfast</b> <b>W.W. FRENCHTOAST</b> APPLE SAUCE Lunch <b>WHOLE GRAIN CHICKEN</b> <b>PATTY SANDWICH</b> PEAS AND CARROTS PEARS Snack CLUB CRACKERS FRUIT PUNCH	<b>Breakfast</b> <b>CHEERIOS</b> FRUIT COCKTAIL Lunch BEEF BROCCOLI <b>ENRICHED/BROWN RICE MIX</b> PINEAPPLE CHUNKS Snack SALTINE CRACKERS ORANGE JUICE	<b>Breakfast</b> <b>W.W. WAFFLES</b> FRESH ORANGES Lunch TUNA AND CHEESE SLIDER CUCUMBER FRESH HONEYDEW Snack RITZ CRACKERS APPLE JUICE	<b>VETERANS DAY</b>
<b>Breakfast</b> <b>W.W. PANCAKES</b> FRUIT COCKTAIL Lunch <b>WHOLE GRAIN CHICKEN</b> <b>CORNDOG</b> SLICED CARROTS PEACHES Snack CLUB CRACKERS GRAPE JUICE	<b>Breakfast</b> BISCUITS APPLE SAUCE Lunch BAKED CHAR SIU CHICKEN SLICED CARROTS <b>ENRICHED/BROWN RICE MIX</b> PEARS Snack SALTINE CRACKERS FRUIT PUNCH	<b>Breakfast</b> <b>KIX</b> FRESH BANANA Lunch GROUND BEEF CHILI MIX VEGETABLES <b>ENRICHED/BROWN RICE MIX</b> PINEAPPLE CHUNKS Snack TEDDY GRAHAM ORANGE JUICE	<b>Breakfast</b> <b>W.G. ENGLISH MUFFINS</b> FRESH ORANGES Lunch BAKED GINGER FISH GREEN BEANS <b>ENRICHED/BROWN RICE MIX</b> FRESH HONEYDEW Snack CHEESE IT APPLE JUICE	<b>Breakfast</b> <b>CORN CHEX</b> FRESH BANANA Lunch BBQ PULLED PORK SLIDER OVEN BAKED TATERTOTES MANDARIN ORANGES Snack RITZ CRACKERS CHEESE STICKS
<b>Breakfast</b> BAGELS FRUIT COCKTAIL Lunch GROUND BEEF BULGOGI MIX VEGETABLES <b>ENRICHED/BROWN RICE MIX</b> PEACHES Snack <b>HONEY GRAHAM</b> GRAPE JUICE	<b>Breakfast</b> <b>W.W. PANCAKES</b> APPLE SAUCE Lunch KALUA PORK AND CABBAGE <b>ENRICHED/BROWN RICE MIX</b> PEARS Snack CLUB CRACKERS FRUIT PUNCH	<b>Breakfast</b> <b>CORN CHEX</b> FRESH BANANA Lunch <b>TURKEY AND CHEESE SANDWICH</b> SLICED CARROTS PINEAPPLE CHUNKS Snack <b>WHEAT THINS</b> APPLE JUICE	<b>THANKSGIVING DAY</b>	<b>THANKSGIVING HOLIDAY</b>
<b>Breakfast</b> <b>W.W. PANCAKES</b> FRUIT COCKTAIL Lunch <b>BAKED MACARONI W/GROUND BEEF &amp; VEGETABLE TOMATO SAUCE</b> <b>ENRICHED BREAD STICKS</b> PEACHES Snack CLUB CRACKERS GRAPE JUICE	<b>Breakfast</b> BISCUITS APPLE SAUCE Lunch POT ROAST PORK GREEN BEANS <b>ENRICHED/BROWN RICE MIX</b> PEARS Snack TEDDY GRAHAM FRUIT PUNCH	<b>Breakfast</b> <b>CORN CHEX</b> FRESH BANANA Lunch SHOYU CHICKEN PEAS AND CARROTS <b>ENRICHED/BROWN RICE MIX</b> PINEAPPLE CHUNKS Snack <b>WHEAT THINS</b> APPLE JUICE	<b>Breakfast</b> <b>W.G. ENGLISH MUFFIN</b> FRESH ORANGE Lunch TERIYAKI BEEF GREEN BEANS <b>ENRICHED/BROWN RICE MIX</b> FRESH HONEYDEW Snack RITZ CRACKERS ORANGE JUICE	

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